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(54) COMPOSITION THAT REGULATES AND DIMINISHES APPETITE AND METHODS RELATING THERETO

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- **U.S. Cl.** **514/58**; 514/2; 514/23; 514/783; 514/909; 514/552
- (58) Field of Search 514/2, 23, 58, 514/783, 909, 552

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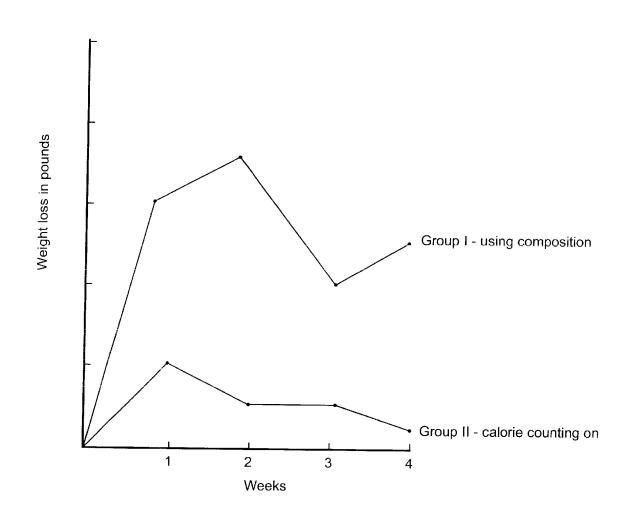
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(57)**ABSTRACT**

A balanced composition of complex carbohydrate, protein, simple sugars, and lipids in the weight proportion of 3:2:1:1 substantially reduces appetite, even though the caloric composition is very low (about 240 cal per serving). This composition substantially facilitates weight loss, and increases exercise tolerance. It is designed for oral administration.

3 Claims, 1 Drawing Sheet



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